



Fox Valley School of Massage

Yoga and Personal Training 2018-2019 Class Schedules

130 Main Street * Suite 205 * Menasha, WI 54952

Contact us by Phone: 920- 915-0744

Email: FVSMinfo@aol.com

NOW ENROLLING FOR ALL 3 PROGRAMS

Massage Therapy Program

*Start Class in September or
Start in February*

September Class 2018:

Start: September 13, 2018

Graduate May 23, 2019

Class meets on Thursdays

9:00am – 9:55pm

and the following weekends.

Weekends are 9:00 – 5:00

September 22

October 20-21 & 27-28

November 10-11, 17

December 1, 8, 22

January 12, 19-20

February 9, 23

March 9-10, 23-24

April 6-7 & 13

May 4-5

February Class 2019:

Start: February 5, 2019

Graduate: Aug. 20, 2019

Class Meets on Tuesdays

9:00am – 9:55pm and

Weekends: Coming Soon

**Please note weekends may
change & will be confirmed
on the 1st day of class.*

Thank You!

Yoga Teacher Training Program

Certified Yoga Teacher

Start Class in October

October Class 2018:

Start: October 17, 2018

Graduate: March 13, 2019

Class meets on Wednesdays

1:00pm – 5:00 pm

and the following weekends

Weekends are 9:00 – 5:00

October 20-21 & 27-28

November 10-11, 17

December 1, 8, 22

January 12, 19-20

February 9, 23

March 9-10, 23-24

*Our Yoga is Approved by the
Yoga Alliance @ 200hours*

Classes For the Public

Massage Workshops

**Learn & experience a
full body massage.**

2 Days: 10:00-5:00pm

October 27-28, 2018

March 23-24, 2018

Yoga & Pilates

Private Sessions &

Group classes

See our website for details

Certified Personal Trainer Program

Includes a NCCA certification.

Start Class in September

September Class 2018

Start: September 19, 2018

Graduate: Dec. 19, 2018

Class meets on Tuesdays

1:00pm – 5:00 pm

and the following weekends

Weekends are 9:00 – 5:00

September 22

October 20-21 & 27-28

November 10-11, 17

December 1, 8, 22

Why Choose FVSM?

- * Highly Educated Instructors
- * Affordable tuition
- * Excellent Education
- * Positive learning space
- * State of the art classroom
- * WI State approved
- * Our students pass the MBLEX
- * Our students pass the WI State Exam
- * FVSM has over 1200+ alumni & 22 years teaching

Tour Our School

See for yourself & learn why
our school is for you!

Enroll Today www.FVSM.org